

FEATURED Choice Batter[®] Recipe

Crispy Baked Chicken

Ingredients:

- ❑ 4-6 pieces of boneless chicken breast cut into strips or nuggets
- ❑ 1 cup ChoiceBatter[®]
- ❑ 1 egg
- ❑ 1/2 to 3/4 cup milk, as needed. (Water may be substituted)
- ❑ 2 tbsp vegetable oil
- ❑ 1 cup crushed gluten-free Rice Chex[®], Corn Flakes[®], or Doritos[®]. (Hand crush or use food processor.)

General Instructions for Baking with ChoiceBatter[®]

- Preheat oven to 350° F.
- Prepare flat greased baking sheet.
- Spread crushed gluten-free Rice Chex[®] on wax paper or a plate.
- Combine and mix the egg, milk, and oil, in a bowl, and then add the one cup of ChoiceBatter[®].
- Stir well, and let stand for five minutes. Stir again.

Crispy Baked Chicken

1. Dip the chicken strips or nuggets into ChoiceBatter[®] mixture, coating thoroughly. Allow excess mixture to drain.
2. Coat with gluten-free Rice Chex[®], Corn Flakes[®], or Doritos[®] crumbs. Press crumbs over the entire surface of chicken.
3. Place chicken strips or nuggets on prepared baking sheet, and bake for 30-40 minutes or until done.
4. Enjoy!



Crispy Baked Chicken & Sweet Potato Fries